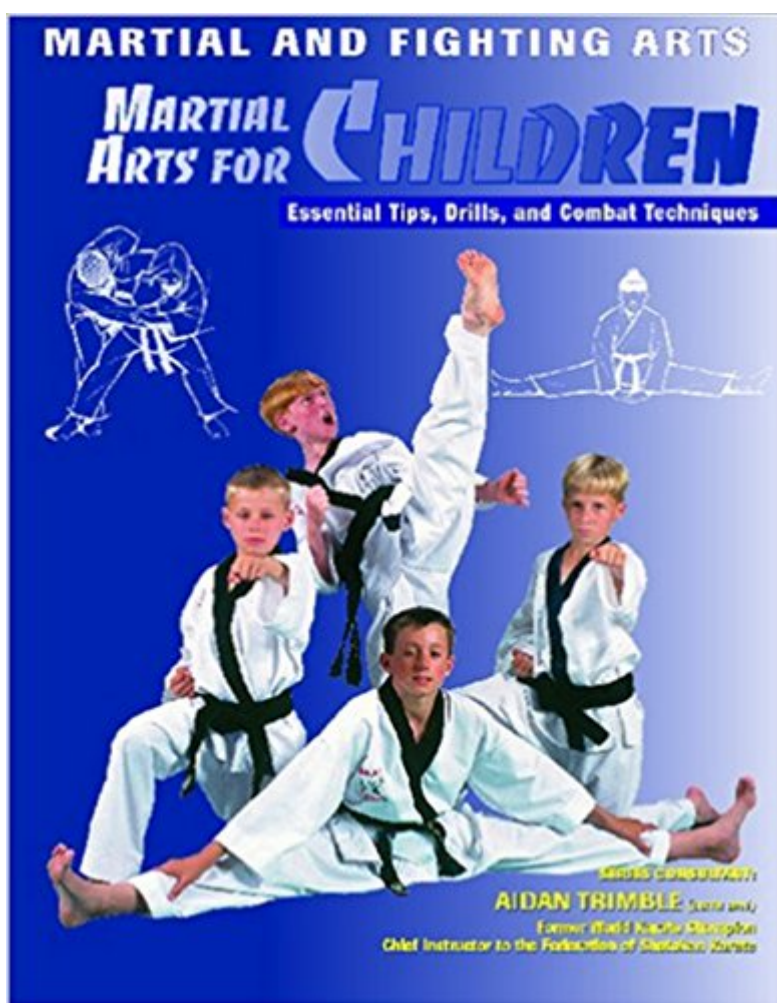


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Martial Arts For Children: Essential Tips, Drills, And Combat Techniques (Martial And Fighting Arts)



Synopsis

Provides an overview of various popular martial arts for children and illustrates the benefits that safely conducted and supervised martial arts training can offer to young people.

Book Information

Series: Martial and Fighting Arts

Library Binding: 96 pages

Publisher: Mason Crest Publishers (October 1, 2002)

Language: English

ISBN-10: 1590843967

ISBN-13: 978-1590843963

Product Dimensions: 9.6 x 7.8 x 0.5 inches

Shipping Weight: 15.7 ounces

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